

North Cumbria GP Training Programme
Regional Teaching Programme: September – November 2021

Dates	ST1 Year Group	ST2 Year Group	ST3 Year Group
15 th September	A Day in the Life of a GP Dr Georgina Coakley	Passing the AKT Dr Dominic Arnold	Journal Club TPD Dr Heather Naylor CHOC Induction if applicable
22 nd September	Common GP Emergencies Dr Iain Grainger	Statistics for the AKT Dr Megan Ashwood	Managing the ST3 year; looking towards CCT TPD Dr Tom Gallagher
29 th September	Problem Cases TPD Led	Gender Issues Dr Matt Phillips	Long Term Conditions Dr Robert Westgate
6 th October	Looking After the Doctor Dr Karen Smith	Bring Your Favourite Toolkit TPD Dr Heather Naylor	Understanding Capacity & Consent Dr Phil Spencer
13 th October	An Introduction to QIP TPD Dr Heather Naylor and Nicholas Jackson, CLIC	COPD/Asthma Dr Mary Hewson	RCA Prep TPD Team
20 th October	HALF TERM		
27 th October	Safeguarding Angela Walsh, CHOC	Safeguarding Angela Walsh, CHOC	Safeguarding Angela Walsh, CHOC
3 rd November	Consultation Skills 1 LTPD Dr Natalie Hawkrigg	Substance Misuse Dr Patrick Horgan	Sustainability in GP Dr Georgie Sowman
10 th November	Success at the ARCP Dr Liz Borlase	Complaints and Clinical Negligence Dr Phil Spencer	Medically Unexplained Dr Rachel Preston

17 th November	Time Management TPD Dr George Moss	Genetics Dr Hayley Walsh	Hot Topics TPD Dr Rachel Garth
24 th November	Consultation Skills TPD Team	Ethics TPD Dr Heather Naylor	Physical Activity Champion Dr Emma Pimlott